

Resultatliste

Nordmarka Rundt 2010

23.05.2010

Class	Navn	Klubb	Distrikt	Tid	Etter
K20					
1	Line Garthe Johannessen	Studentsamskipnaden i		6:07:19	
2	Marte Knutsson	Studentsamskipnaden i		6:07:19	00:00
3	Ann-Kristin Skårstad Sund	Studentsamskipnaden i		6:07:19	00:00
4	Camilla Marie Tranum	OKBIL		6:53:18	45:59
Antall	4	Påmeldte: 5	Startende: 5		
K30					
1	Celine Monrad-Haslum	CK Nittedal		4:38:56	
2	Anne Signe Been	Moss CK		4:41:04	02:08
3	Anette Racer-Farth	Nittedal		4:43:06	04:10
4	Victoria Janitz	Moss CK		4:52:23	13:27
5	Nina Blakkisrud	SK Ceres		4:58:52	19:56
6	Helena Nilsson	Aker Solutions BIL		5:06:39	27:43
7	Hanne Tærum	SK Ceres		5:16:12	37:16
8	Rubi Moen	OsloSportslagerBIL		5:53:31	1:14:35
9	Cecilie Kamsvåg	SK Rye		6:02:28	1:23:32
10	Sara Bruvoll	Studentsamskipnaden i		6:07:19	1:28:23
11	Gunnhild Digernes	Studentsamskipnaden i		6:07:19	1:28:23
12	Else Dagfrid Bratland	NOTEAM		8:48:00	4:09:04
DNF	Lene Vissebråten	Andebarkji TSK		2:03:21	
Antall	13	Påmeldte: 14	Startende: 14		
K40					
1	Heidi Holmerud	CK Nittedal		4:20:56	
2	Jannicke Kalland	Frøy		4:52:57	32:01
3	Anne Katrine Gamre	Østmarka		5:08:52	47:56
4	Tone Åril Lilleaas	SK Ceres		5:16:12	55:16
5	Christin Becker	IF Frøy		5:28:52	1:07:56
6	Lene Østberg	IF Frøy		5:47:10	1:26:14
7	Hanne Eldby	SK Rye		5:56:45	1:35:49
8	Donna Galway	SK Rye		7:30:04	3:09:08
Antall	8	Påmeldte: 8	Startende: 8		
K50					
1	Ingvill Merete Stedøy-Johansen	IF Frøy		4:51:04	
2	Ragnhild Vilming	IF Frøy		5:24:56	33:52
3	Tove Helene Øveraas	IF Frøy		6:17:17	1:26:13
Antall	3	Påmeldte: 3	Startende: 3		
M17					
1	Eivind Bjørnerud	SK Rye		4:37:12	
2	Ole-Marius Germundson	Heming IL		4:58:10	20:58
3	Carl Jenssen	Kolbotn SK		5:54:54	1:17:42
Antall	3	Påmeldte: 3	Startende: 3		
M20					
1	Pål Andre Løberg	SK Rye		3:51:20	
2	André Jonassen	SK Rye		3:52:33	01:13
3	Per Arvid Gimre	SK Rye		3:52:36	01:16
4	Morten Simonsen	Ullevål SK		3:57:14	05:54
5	Ole Christian Mork	Ullevål SK		3:57:14	05:54

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Class	Navn	Klubb	Distrikt	Tid	Etter
M20					
6	Øyvind Johannessen	Østmarka IL		3:57:14	05:54
7	Kim Andre Hansen	Team Nedre Buskerud		3:57:44	06:24
8	Magnus Ristvedt	Ullevål SK		4:04:16	12:56
9	Per Martin Lund	Team Nedre Buskerud		4:05:15	13:55
10	Jo Nordskar	NOTEAM		4:11:18	19:58
11	Stig Christiansen	SK Rye		4:14:40	23:20
12	Martin Nyenget	Ullevål SK		4:17:13	25:53
13	Kristoffer Solem	SK Rye		4:17:26	26:06
14	Kristoffer Bugge	SK Rye		4:17:26	26:06
15	Johan Haugseth	SK Rye		4:17:26	26:06
16	Knut Sande	SK Rye		4:17:26	26:06
17	Petter Thoresen	SK Rye / PwC BIL		4:19:40	28:20
18	Christian Askildsen	Team Follo / Drøbak SK		4:20:01	28:41
19	Vidar Gårdsvoll	SK Rye		4:20:24	29:04
20	Henrik Henningsen Kvissel	Stovnerkameratene		4:21:18	29:58
21	Thomas Liebe	IF Frøy		4:21:51	30:31
22	Martin Lien	Heming IL		4:24:26	33:06
23	Jon Hove Pedersen	Ullevål SK		4:24:53	33:33
24	Jens Henrik Haugen	Ottadalen SK		4:25:56	34:36
25	Erlend Nitter	OSI		4:26:21	35:01
26	Peder Stadaas	Usk		4:27:05	35:45
27	Rune Frøysa Åsprang	SK Ceres		4:27:07	35:47
28	Magnus Førre	Stegaberg IL		4:28:05	36:45
29	Henrik Holum	SK Rye		4:28:20	37:00
30	Hans A Mangen	Stovnerkameratene		4:30:31	39:11
31	Martin Jarrett	SK Rye		4:32:14	40:54
32	Fredrik Østby	Østby CK		4:35:53	44:33
33	Lars Selbo	NOTEAM		4:35:56	44:36
34	Tarjei Lægreid	SK Rye		4:37:17	45:57
35	Marius Rosenberg Amundsen	SK Rye		4:40:56	49:36
36	John Øivind Hauge	NOTEAM		4:45:28	54:08
37	Erling Sæveraas	NIFS		4:50:05	58:45
38	Espen Unaas	SK Rye		4:50:35	59:15
39	Thomas Osholt	Moss CK		4:52:41	1:01:21
40	Mathis Dahl Fenre	NOTEAM		4:55:07	1:03:47
41	Sigurd Hagen Falk	SK Rye		4:58:05	1:06:45
42	Eirik Frøysa Åsprang	Ceres		4:58:52	1:07:32
43	Jørgen Østby	Østby CK		4:58:52	1:07:32
44	Calvin Kumalo	IF Frøy		5:07:52	1:16:32
45	Karl André Schau	NOTEAM		5:07:55	1:16:35
46	Nicolay Eskildsen	team Kjekkas		5:10:36	1:19:16
47	Espen Høglund	team Kjekkas		5:12:36	1:21:16
48	Stian Baastad	Frikransen		5:13:45	1:22:25
49	Henrik Sivertsen	Hæren		5:14:56	1:23:36
50	Lars Erik Engen	Studentsamskipnaden i		5:14:56	1:23:36
51	Hans Andreas Aamodt	Hæren		5:14:56	1:23:36
52	Steffen Molvær Rummelhoff	Krigsskolen IL		5:14:56	1:23:36
53	Jonas Andreassen	Rana SK		5:16:53	1:25:33
54	Bjarte Olsen	Team Kjelsåslærerne		5:16:53	1:25:33
55	Tore Bekken	Kolbotn SK		5:19:53	1:28:33
56	Eirik Skeid	Rye		5:30:46	1:39:26
57	Andreas Storbråten	Terra BIL		5:38:10	1:46:50
58	Andreas Heldal	OSI sykkel		5:44:38	1:53:18
59	Simen Kristoffer Warp	OSI sykkel		5:50:35	1:59:15
60	Bjørnar Sandland Henriksen	Studentsamskipnaden i		5:52:19	2:00:59
61	Lars Christian Hellevik	ICA Norge		5:58:35	2:07:15
62	Håvard Fredheim	Eiker CK		6:03:30	2:12:10

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Class	Navn	Klubb	Distrikt	Tid	Etter
M20					
63	Fredrik Refsnes	Studentsamskipnaden i		6:07:19	2:15:59
DNF	Joakim Levorsen	Heming IL		2:14:37	
DNF	Martin Røeggen	SK Rye		2:21:20	
DNF	Jakob Lindkvist	Stovnerkameratene		4:09:59	
DNF	Askil V Larsen	SK Ryer		4:19:33	
DNF	Reidar Mathisen	Ergo Group		5:51:01	
Antall	68	Påmeldte: 81	Startende: 81		
M30					
1	Frode Dalen	SK Rye		3:51:20	
2	Rune Morten Johansen	SK Rye		3:51:20	00:00
3	Flemming Kristiansen	SK Rye		3:51:20	00:00
4	Sigurd Gimre	SK Rye		3:51:20	00:00
5	Knut Anders Fostervold	SK Rye		3:51:20	00:00
6	Christer Braathen	SK Rye		3:51:20	00:00
7	Knut Magnus Ljåstad	SK Rye		3:53:27	02:07
8	Lars Eftang	Ullevål SK		3:57:14	05:54
9	Alexander Wefald	Ullevål SK		3:57:14	05:54
10	Bjørn Ivar Ekberg	Stovnerkameratene		3:57:14	05:54
11	Svein Anders Aarsbog	Moss CK		3:57:14	05:54
12	Ola Østvold	Ullevål SK		3:57:14	05:54
13	Aslak Berglund	Ullevål SK		3:57:14	05:54
14	Øistein Olsen	Skårer CK		3:57:14	05:54
15	Lars Billet	Moss CK		3:57:14	05:54
16	Pål-André Thorsby	Team Nedre Buskerud		3:57:44	06:24
17	Torgeir Løge	Team Nedre Buskerud		3:57:44	06:24
18	Bjørn Thomas Stenersen	Team Nedre Buskerud		3:57:44	06:24
19	Morten Solvang	Team Nedre Buskerud		3:57:44	06:24
20	Joachim Olsvik	Team Nedre Buskerud		3:57:44	06:24
21	Østen Bergum	Team Nedre Buskerud		3:57:44	06:24
22	Arve Værnes	Team Nedre Buskerud		3:57:44	06:24
23	Thomas Kleven	Team Nedre Buskerud		3:57:44	06:24
24	Jim Risan	Moss CK		3:58:17	06:57
25	Ola Thomas Berntsen	Stovnerkameratene		3:59:40	08:20
26	Kenneth Odden	Norges Bank		4:00:22	09:02
27	Truls Eirik Holm	Team Nedre Buskerud		4:01:16	09:56
28	Tore Haslemo	SK Rye		4:04:03	12:43
29	Dag Solberg	Ullevål SK		4:04:16	12:56
30	Thomas Myhre	Moss CK		4:04:16	12:56
31	Hans Christian Byhring	SK Rye		4:10:10	18:50
32	Dag Torp-Hansen	BOC		4:11:13	19:53
33	Arne Hove	BOC		4:11:18	19:58
34	Truls Paulsen	BOC		4:11:18	19:58
35	Ken Rosendal	SK Rye		4:12:14	20:54
36	Torkjell Skomedal	SK Rye		4:13:33	22:13
37	Tomas Nydal	Stovnerkameratene		4:13:52	22:32
38	Marius Jørgensen	SK Rye		4:14:40	23:20
39	Endre Brask Grønmyr	SK Rye		4:14:40	23:20
40	Sven Ove Hoel	SK Rye		4:14:40	23:20
41	Henrik Karlsen	Moss CK		4:17:16	25:56
42	Kjetil Enger Olsen	Moss CK		4:17:18	25:58
43	Jan Erik Breimo	SK Rye		4:17:26	26:06
44	Øyvind Unhjem	SK Rye		4:17:26	26:06
45	Geir Pettersen	SK Rye		4:17:26	26:06
46	Tore Stensrud	SK Rye		4:17:26	26:06
47	Nils Jørgen Mittet	SK Rye		4:17:26	26:06

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Class	Navn	Klubb	Distrikt	Tid	Etter
M30					
48	Thorbjørn Skamo	SK Rye		4:17:26	26:06
49	Bjørn Saksberg	SK Rye		4:17:26	26:06
50	Kristian Hauglum	SK Rye		4:17:30	26:10
51	Jonathan Bloomfield	SK Rye		4:17:57	26:37
52	Leif Erik Havnen	NOTEAM		4:19:55	28:35
53	Anders Trømborg	Soon CK		4:19:55	28:35
54	Amund Riiser	Follo SK		4:20:27	29:07
55	Arne Sæterbakken	SK Rye		4:20:28	29:08
56	Jan Egil Strandberg	Vennesla CK		4:20:43	29:23
57	Eirik Hval Jensen	CK Nittedal		4:20:56	29:36
58	Sten Are Grønvold	CK Nittedal		4:20:56	29:36
59	Finn Halland	Hadeland CK		4:20:56	29:36
60	Bjørn Erik Haugmo	Moss CK		4:21:18	29:58
61	Kristoffer Askautrud	Moss CK		4:21:38	30:18
62	Åge Andre Ringstad	IF Frøy		4:21:51	30:31
63	Morten Storli	IF Frøy		4:21:51	30:31
64	Bjørn Rosseland	IF Frøy		4:21:51	30:31
65	Bård Mæland	IF Frøy		4:21:51	30:31
66	Morten Winsnes	IF Frøy		4:21:51	30:31
67	Kyrre Rørstad	IF Frøy		4:21:51	30:31
68	Thorstein Wines	SK Rye		4:22:47	31:27
69	Hans Røragen	BOC		4:24:14	32:54
70	Pål Gustavsen	kork		4:25:21	34:01
71	Trond Solstad	Follo CK		4:26:04	34:44
72	Stefan Ihlen	SK Ceres		4:27:07	35:47
73	Roger Hæhre	SK Ceres		4:27:07	35:47
74	Haakon Stenbekk	FOCC		4:27:07	35:47
75	Sjur Dugstad	FOCC		4:27:07	35:47
76	Kristian Malme	JH Sykkel		4:28:05	36:45
77	Sven Callaerts	Grenland SK		4:28:05	36:45
78	Jørn Vidar Nygård	Team Nedre Buskerud		4:28:23	37:03
79	Magnus Müller	SK Rye		4:28:51	37:31
80	Ketil Dokset	OSI sykkel		4:30:55	39:35
81	Christer Opsann	BOC		4:33:05	41:45
82	Andreas Hallingstad	BOC		4:33:05	41:45
83	Leif Hertenberg	BOC		4:33:05	41:45
84	Christian Heiberg	BOC		4:33:05	41:45
85	Andreas Selvik	BOC		4:33:05	41:45
86	Jo Stenvik	SK Rye		4:34:55	43:35
87	Ivar Bjaadal	Team Nedre Buskerud		4:36:25	45:05
88	Tom Bergene	Team Nedre Buskerud		4:36:25	45:05
89	Eirik Horjen	Team Nedre Buskerud		4:36:25	45:05
90	Torbjørn Kågen	Team Nedre Buskerud		4:36:25	45:05
91	Vebjørn Rusten	Team Nedre Buskerud		4:36:25	45:05
92	Jørgen Sørensen	Team Nedre Buskerud		4:36:25	45:05
93	Nicholas Thomson	Team Nedre Buskerud		4:36:25	45:05
94	Anders Grønli	Team Nedre Buskerud		4:36:25	45:05
95	Kenneth Antonsen	SK Rye		4:37:14	45:54
96	Bjørn Andre Simonsen	torshov sk		4:37:42	46:22
97	Tron Wiig	Ullensaker CK		4:38:51	47:31
98	Øyvind Kværner	Ullensaker CK		4:38:51	47:31
99	Marcus Smestad	OSI sykkel		4:40:22	49:02
100	Lars Erik Øde	Moss CK		4:41:04	49:44
101	Lasse Sandberg	Moss CK		4:41:04	49:44
102	Bjørn Øverby	SK Rye		4:43:51	52:31
103	Jørgen Lie	SK Rye		4:43:51	52:31
104	Bjørnar Egeland	NOTEAM		4:43:51	52:31

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Class	Navn	Klubb	Distrikt	Tid	Etter
M30					
105	Håvard Slinde	SK Rye		4:43:51	52:31
106	Martin Nielsen	SK Rye		4:43:51	52:31
107	Eirik Olsen	SK Rye		4:44:22	53:02
108	Jan Fredrik Edbo	BOC		4:46:04	54:44
109	Tom Lillemoen	SK Rye		4:46:07	54:47
110	Christoffer Lange	NOTEAM		4:48:26	57:06
111	Bjørn Ole Langø	IF Frøy		4:51:04	59:44
112	Robert Lille-Rødberget	IF Frøy		4:51:04	59:44
113	Birger Hermansen	Moss CK		4:52:42	1:01:22
114	Arne Kildal	kork		4:54:27	1:03:07
115	Lars Petter Musiol	Ullensaker CK		4:54:51	1:03:31
116	Erik Andersen	Ullevål SK		4:56:04	1:04:44
117	Silvio Büttner	Ullevål SK		4:56:04	1:04:44
118	Jørgen Speedy Larsen	Gjallarhornet		4:57:53	1:06:33
119	Arve Sandve	CK Nittedal		4:58:17	1:06:57
120	Stian Chan	SK Rye		4:58:32	1:07:12
121	Christian Andersen	SK Ceres		4:58:52	1:07:32
122	Eirik Thrane Svendsen	SK Ceres		4:58:52	1:07:32
123	Magne Kjensli	SK Ceres		4:58:52	1:07:32
124	Jonas Kullgren	NOTEAM		4:58:52	1:07:32
125	Geir Torum	SK Rye		4:59:50	1:08:30
126	Johan Holmgren	Lørenskog FIL		4:59:52	1:08:32
127	Christian Aanvik	Ullensaker CK		5:06:25	1:15:05
128	Thor Audun Saga	BOC		5:07:10	1:15:50
129	Tony Halvorsen	IF Frøy		5:07:59	1:16:39
130	Aslak Eriksrud	IF Frøy		5:09:06	1:17:46
131	Martin Iden	If skadeforsikring BIL		5:10:32	1:19:12
132	Karl Henry Johansen	team Kjekkas		5:10:36	1:19:16
133	Aleksander Stijelja	Team Kjekkas / Kjekkas		5:10:36	1:19:16
134	Gorm Nøkleby	team Kjekkas		5:10:36	1:19:16
135	Bård Erik Jakobsen	team Kjekkas		5:10:36	1:19:16
136	Kristian Götz	Eiker CK		5:10:37	1:19:17
137	Chris Nerli	team Kjekkas		5:10:52	1:19:32
138	Michael Meyer	NOTEAM		5:12:18	1:20:58
139	Morten Nytnun	Terra BIL		5:13:52	1:22:32
140	Arne Ryhus	Ottadalen SK		5:13:52	1:22:32
141	Fredrik Nilsson	Frøy		5:14:09	1:22:49
142	Kristian Horntvedt	IF Frøy		5:14:18	1:22:58
143	Morten Johansen	Ullensaker CK		5:14:25	1:23:05
144	Roger Mortensen	Hæren		5:14:56	1:23:36
145	Øystein E. Rundfloen	Hæren		5:14:56	1:23:36
146	Jon-Wilhelm Johansen	Hæren		5:14:56	1:23:36
147	Gorm Kluge	Hæren		5:14:56	1:23:36
148	Pål Josten	Hæren		5:14:56	1:23:36
149	Eirik Kittelsen	Follo CK		5:16:04	1:24:44
150	Øyvind Gjermshus	IK Hero		5:16:53	1:25:33
151	Christian Tetlie	Kolbotn SK		5:19:53	1:28:33
152	Erik Blom-Dahl	Kolbotn SK		5:19:53	1:28:33
153	Kenneth Sandberg	Kolbotn SK		5:19:53	1:28:33
154	Thomas Pedersen	Kolbotn		5:19:53	1:28:33
155	Odd Idar Hansen	SK Rye		5:22:10	1:30:50
156	Jan Pinslund	Asker CK		5:23:52	1:32:32
157	Henrik Jenssen	IF Frøy		5:24:56	1:33:36
158	Ingar Øygarden	Multiconsult BIL		5:27:07	1:35:47
159	Tormod Boldvik	Eiker CK		5:28:33	1:37:13
160	Bård Siira	team Kjekkas		5:29:38	1:38:18
161	Øystein Nesse	Follo SK		5:31:00	1:39:40

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M30					
162	Runar Emmel Hansen	IF Frøy		5:35:24	1:44:04
163	Lasse Roberts	Terra BIL		5:38:11	1:46:51
164	Lars Espeland	Team Krokodille		5:42:43	1:51:23
165	Espen Gulbrandsen	Team Krokodille		5:42:47	1:51:27
166	Harald Kristainsen	SK Rye		5:47:07	1:55:47
167	Steinar Aalbu	RENA IL Sykkel		5:48:46	1:57:26
168	Espen Sund	SK Rye		5:56:45	2:05:25
169	Stig Salater	SK Rye		5:56:45	2:05:25
170	Richard Martinsen	Ciber BIL		5:58:34	2:07:14
171	Torgeir Skaare	vallhall		6:02:27	2:11:07
172	Tormod Førre	IK Hero		6:04:53	2:13:33
173	Jo Nguyen	Studentsamskipnaden i		6:07:19	2:15:59
174	Ketil Moen	Studentsamskipnaden i		6:07:19	2:15:59
175	Eirik Andreassen	Studentsamskipnaden i		6:07:19	2:15:59
176	Svein Olav Sturlason	Studentsamskipnaden i		6:07:19	2:15:59
177	Harald Westby	Studentsamskipnaden i		6:07:19	2:15:59
178	Jørgen Dyrkorn	Hæren		6:11:31	2:20:11
179	Peder Aksel Svaleng	NOTEAM		8:48:00	4:56:40
DNF	Torkjell Hillestad	SK Rye		1:58:44	
DNF	Kjell-Olav Bjerknes	Stovnerkameratene		2:05:44	
DNF	Eelco Van Weerdhuizen	SK Rye		2:50:49	
DNF	Tor Helge Huse	OSI sykkel		3:39:56	
DNF	Eskil Sjøli	Hæren		5:20:56	
DNF	Kristoffer Erichsen	Follo CK		5:27:03	
DNF	Thomas Torstveit	Ullevål SK		6:13:00	
DNF	Martin Helgen	Tanum IF		6:46:39	
Antall	187	Påmeldte: 206	Startende: 206		

M40

1	Sindre Næss	SK Rye		3:51:20	
2	Anders Åsberg	SK Rye		3:51:20	00:00
3	Per Christian Brekke Sjøli	SK Rye		3:51:20	00:00
4	Terje Strøm	SK Rye		3:52:53	01:33
5	Bjørnar Talset	SK Rye		3:54:40	03:20
6	Trond Ristvedt	Ullevål SK		3:57:14	05:54
7	Rune Holtze Jensen	Moss CK		3:57:14	05:54
8	Tom Lund	Sagene IF Sykkel		3:57:14	05:54
9	Tom Bent Mikalsen	Moss CK		3:57:14	05:54
10	Roger Søttar	Ullevål SK		3:57:14	05:54
11	Audun Evertsen	SK Ceres		3:57:14	05:54
12	Finn-Vegard Nordhagen	Team Nedre Buskerud		3:57:44	06:24
13	Runar Sørensen	Team Nedre Buskerud		3:57:44	06:24
14	Skule Smørgrav	Team Nedre Buskerud		3:57:44	06:24
15	Morten Refstad	SK Rye		4:01:58	10:38
16	Arne Myklemyr	Team Nedre Buskerud		4:07:14	15:54
17	Rune Holden	SK Rye		4:07:44	16:24
18	Kjell Harald Horn	SK Rye		4:08:05	16:45
19	Frank Thommesen	SK Rye		4:11:02	19:42
20	Erik Windelstad	Drammen CK		4:11:13	19:53
21	Kristian Evensen	BOC		4:11:16	19:56
22	Pål Tangen	Asker CK		4:11:18	19:58
23	Jon Amundsen	BOC		4:11:18	19:58
24	Tom Rune Lian	BOC		4:11:18	19:58
25	Terje Sirevaag	Gylne Tider		4:11:18	19:58
26	Torfinn Jonassen	BOC		4:11:27	20:07
27	Helge Mosveen	Asker CK		4:12:30	21:10

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M40					
28	Arent Anfinsen	BOC		4:12:34	21:14
29	Geir-Egil Bolstad	BOC		4:13:10	21:50
30	Cato Rokne	SK Rye		4:14:40	23:20
31	Svein Hetland	SK Rye		4:14:40	23:20
32	Roy Victor Brunstrøm	SK Rye		4:14:40	23:20
33	Anders Juell	SK Rye		4:14:40	23:20
34	Frode Wassås	SK Rye		4:14:40	23:20
35	Arne Steffensen	SK Rye		4:17:26	26:06
36	Pål Lønseth	SK Rye		4:17:26	26:06
37	Pål Aasvestad	Follo SK		4:19:38	28:18
38	Kåre Furulund	SK Rye		4:19:40	28:20
39	Morten Nygård	Velo Club Zoncolan		4:19:55	28:35
40	Kimmo Delfin	CK ECI Champion		4:19:55	28:35
41	Asbjørn Strømberg	Follo SK		4:19:55	28:35
42	Øyvind Melvold	Drøbak SK		4:19:55	28:35
43	Charles Granquist	Follo CK		4:19:55	28:35
44	Frank Tenden	Drøbak SK		4:20:00	28:40
45	Rune Lie	Drøbakk SK		4:20:01	28:41
46	Erik Tjøtta	Frikransen		4:20:33	29:13
47	Mogens luel	NOTEAM		4:20:33	29:13
48	Petter Ønvik	CK Nittedal		4:20:56	29:36
49	Lars Håvard Meli	Hadeland CK		4:20:56	29:36
50	Espen Ristvedt	CK Nittedal		4:20:56	29:36
51	Stig-Arve Amdal	CK Nittedal		4:20:56	29:36
52	Tormod Sunnvoll	Follo CK		4:21:07	29:47
53	Frank Røstgård	Drøbak sk DFI		4:21:07	29:47
54	Espen Renholt	Stovnerkameratene		4:21:18	29:58
55	Steinar Knutsen	IF Frøy		4:21:51	30:31
56	Jarle Kvam	SK Rye		4:23:25	32:05
57	Trond Askautrud	Nesodden CK		4:25:33	34:13
58	Fredrik Lingvall	SK Rye		4:25:50	34:30
59	Lars Grande	SK Ceres		4:27:07	35:47
60	Anders Huus	SK Ceres		4:27:07	35:47
61	Dag Haaker	SK Ceres		4:27:07	35:47
62	Morten Nydahl	Ceres		4:27:07	35:47
63	Kjetil Kviseth	Team Foss Sport		4:27:07	35:47
64	Pål Hansen	SK Ceres		4:27:07	35:47
65	Tarjei Blåsås	SK Ceres		4:27:07	35:47
66	Stig Trondsen	Ceres		4:27:07	35:47
67	Trond Buksrud	SK Ceres		4:27:07	35:47
68	Ketil Tørtberg	SK Ceres		4:27:07	35:47
69	Knut Meiningen	Ceres		4:27:07	35:47
70	John Arild Ringen	SK Ceres		4:27:07	35:47
71	Hans Jørgen Lihaugen	Ceres		4:27:07	35:47
72	Vidar Buksrud	SK Ceres		4:27:07	35:47
73	Fred Pettersen	SK Rye		4:27:09	35:49
74	Rune Berg	SK Ceres		4:28:09	36:49
75	Harald Indrebø	SK Rye		4:28:50	37:30
76	Bjørn Harald Gudmundsen	IK Hero		4:28:56	37:36
77	Per Ivar Netteberg	IK Hero		4:28:56	37:36
78	Svein Olav Lindtveit	IK Hero		4:28:56	37:36
79	Gunnar Ligaarden	SK Rye		4:28:56	37:36
80	Bjørn Kåre Amdal	BOC		4:32:03	40:43
81	Roger Rake	BOC		4:33:05	41:45
82	Morten Jørve	BOC		4:33:05	41:45
83	Dag Solberg	BOC		4:33:05	41:45
84	Magne Hunvik	BOC		4:33:05	41:45

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M40					
85	Erling Nordhagen	BOC		4:33:05	41:45
86	Olav Nygård	BOC		4:33:05	41:45
87	Odd Willy Brude	BOC		4:33:05	41:45
88	Tord Skoe Fredriksen	BOC		4:33:05	41:45
89	Jan Tore Sletta	BOC		4:33:05	41:45
90	Vidar Helgesen	NOTEAM		4:33:05	41:45
91	Ole-Rikard Hammer	Asker CK		4:33:05	41:45
92	Jens Grøtheim	Drøbak sykkelklubb		4:33:09	41:49
93	Are Muri	BOC		4:33:29	42:09
94	Geir Sundin	Ullevål SK		4:35:41	44:21
95	Trond Stabell	CK Toten-Tråkk		4:35:56	44:36
96	Sveinung Lund	Team Nedre Buskerud		4:36:25	45:05
97	Rune Larsen	Team Nedre Buskerud		4:36:25	45:05
98	Per Ove Windelstad	Team Nedre Buskerud		4:36:25	45:05
99	Trond Dahl Hansen	Team Nedre Buskerud		4:36:25	45:05
100	Håkon Svendsen	Team Nedre Buskerud		4:36:25	45:05
101	Ståle Fredheim	Team Nedre Buskerud		4:36:25	45:05
102	Arild Nielsen	Team Nedre Buskerud		4:36:25	45:05
103	Lars Lien	Hadeland		4:37:07	45:47
104	Ken Roger Bredeveien	SK Rye		4:37:31	46:11
105	Rune Edvin Enholm	BOC		4:37:49	46:29
106	Magnar Myrvold	Team Nedre Buskerud		4:38:26	47:06
107	Håvard Kalvøy	Follo CK		4:38:27	47:07
108	Frode Lillerovde	Ullensaker CK		4:38:51	47:31
109	Trond Kongerud	Ullensaker CK		4:38:51	47:31
110	Ronny Warming	Ullensaker CK		4:38:51	47:31
111	Ståle Murud	Falck Sykkel register		4:38:51	47:31
112	Tommy Torgersen	Eidsvoll SK		4:38:51	47:31
113	Andrè Warming	Ullensaker CK		4:38:51	47:31
114	Willy Andersen	Ullensaker CK		4:38:51	47:31
115	Stein Eriksen	Ullensaker		4:39:14	47:54
116	Terje Ullereng	Ullensaker CK		4:39:15	47:55
117	Geir Olav Halset	CK Nittedal		4:40:07	48:47
118	Helge Knutzen	NOTEAM		4:40:18	48:58
119	Ulf Johansen	Ullensaker CK		4:40:38	49:18
120	Knut Grotli	NOTEAM		4:41:37	50:17
121	Magne Stødøy-Johansen	IF Frøy		4:43:41	52:21
122	Willy Nordnes	SK Rye		4:43:51	52:31
123	Per Rune Weimoth	SK Rye		4:43:51	52:31
124	Jørn Andersen	SK Rye		4:44:09	52:49
125	Asbjørn R. Hansen	Team Nedre Buskerud		4:44:14	52:54
126	Ola Skrøvseth	BOC		4:46:04	54:44
127	Anders Pihler	Follo CK		4:46:24	55:04
128	Hans Nicolai Edbo	BOC		4:46:28	55:08
129	Ingar Jensen	IF Frøy		4:51:04	59:44
130	Karl Egil Stubstjøen	IF Frøy		4:51:04	59:44
131	Rune Hansen	Frøy		4:51:04	59:44
132	Inge Tveraaen	Frøy		4:51:04	59:44
133	Bjørn Erik Langtangen	IF Frøy		4:51:04	59:44
134	Geir Westgaard	IF Frøy		4:51:04	59:44
135	Roald Eide	IF Frøy		4:51:04	59:44
136	Arne Hanssen	IF Frøy		4:51:04	59:44
137	Stein Kjetil Rånes	IF Frøy		4:51:04	59:44
138	Frode Åsmul	IF Frøy		4:51:04	59:44
139	Otto Jæger	IF Frøy		4:51:04	59:44
140	Bjørn Rygnestad	NOTEAM		4:51:46	1:00:26
141	Kjell Arne Kroken	Lågen CK		4:52:07	1:00:47

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Pluss	Navn	Klubb	Distrikt	Tid	Etter
M40					
142	Kjetil Standal	SK Ceres		4:52:18	1:00:58
143	Christian Haug	Moss CK		4:52:42	1:01:22
144	Robert Fredriksen	Team Nedre Buskerud		4:53:05	1:01:45
145	Glenn Rimmereide	Ullensaker		4:54:44	1:03:24
146	Klemet Gaski	Frøy		4:55:22	1:04:02
147	Kjellbjørn Hatlebakk	ulstein osk		4:55:28	1:04:08
148	Jon Fredrik Fikse	Ullensaker CK		4:56:25	1:05:05
149	Bård Bjerkeland	Ceres		4:58:52	1:07:32
150	Claus Schmidt	Sagene IL		4:58:52	1:07:32
151	Knut Soleim	Ceres		4:58:52	1:07:32
152	Gunnar Ottesen	Ceres		4:58:52	1:07:32
153	Pål A Olsen	SK Ceres		4:58:52	1:07:32
154	Ole Loftesnes	SK Ceres		4:58:52	1:07:32
155	Tore Asbjørnsen	SK Ceres		4:58:52	1:07:32
156	Terje Solberg	SK Ceres		4:58:52	1:07:32
157	Esben Garlie	TV 2		5:02:05	1:10:45
158	Svein Erik Tverli	SK Rye		5:03:52	1:12:32
159	Njål Engløk	Frikransen		5:03:57	1:12:37
160	Asgeir Ulland	Lågen SK		5:04:09	1:12:49
161	John Erlend Laderud	Hadeland CK		5:04:41	1:13:21
162	Vidar Hovde	SK Rye		5:06:53	1:15:33
163	Knut Ove Pettersen	NOTEAM		5:07:41	1:16:21
164	Anthony Dinning	IF Frøy		5:07:47	1:16:27
165	Lars Løvaas	IF Frøy		5:07:47	1:16:27
166	Torsten Amundsen	IF Frøy		5:07:47	1:16:27
167	Thomas Nordtorp	IF Frøy		5:07:47	1:16:27
168	Thomas Plagemann	SK Ceres		5:08:52	1:17:32
169	Tim Bennett	Frikransen		5:10:08	1:18:48
170	Ivar Knotten	Hæren		5:14:56	1:23:36
171	Egil Daltveit	Hæren		5:14:56	1:23:36
172	Arild Skjold	Hæren		5:14:56	1:23:36
173	Anders Hagen	Hæren		5:14:56	1:23:36
174	Tore Hansen	Hæren		5:14:56	1:23:36
175	Stig Laursen	Hæren		5:14:56	1:23:36
176	Geir Torgersen	SK Ceres		5:16:12	1:24:52
177	Dagfinn Forsaa Andersen	NOTEAM		5:16:53	1:25:33
178	Anders Henni	Asker CK		5:19:41	1:28:21
179	Henrik Mortensen	Kolbotn SK		5:19:53	1:28:33
180	Jan Tore Kristiansen	Kolbotn SK		5:19:53	1:28:33
181	Egil Olsen	Kolbotn SK		5:19:53	1:28:33
182	Baard Wright	Kolbotn SK		5:19:53	1:28:33
183	Steinar Tømmerås	Kolbotn SK		5:19:53	1:28:33
184	Egil Bagge-Skarheim	Kolbotn SK		5:19:53	1:28:33
185	Ulf Bergqvist	Kolbotn SK		5:19:53	1:28:33
186	Kai Pettersen	Kolbotn SK		5:19:53	1:28:33
187	Rune Gustavsen	Kolbotn SK		5:19:53	1:28:33
188	Knut Hansen	Kolbotn SK		5:23:53	1:32:33
189	Tom Erik Magnussen	IF Frøy		5:24:56	1:33:36
190	Bror Just Andersen	BOC		5:29:16	1:37:56
191	Johnny Rognså	IF Frøy		5:29:19	1:37:59
192	Trond Skistad	Eiker CK		5:29:47	1:38:27
193	Jørgen Olav Grann	biker boys		5:30:08	1:38:48
194	Bjørnar Sørensen	SK Ceres		5:30:08	1:38:48
195	Øyvind Øen Danielsen	IF Frøy		5:33:52	1:42:32
196	Ole Martin Mæland	IF Frøy		5:33:52	1:42:32
197	John Sagbakken	Nes SK		5:34:16	1:42:56
198	Geir Akselsen	IF Frøy		5:36:53	1:45:33

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M40					
199	Espen Bengston	Gjallarhornet		5:41:01	1:49:41
200	Svein-Morten Willumsen	Pakkepost BIL		5:47:19	1:55:59
201	Hans-Ivar Aalerud	IF Frøy		5:51:04	1:59:44
202	Terje Størset	OsloSportslagerBIL		5:53:31	2:02:11
203	Tore Marthinsen	SK Rye		5:56:45	2:05:25
204	Frode Buraas	Studentsamskipnaden i		6:07:19	2:15:59
205	Bård Antonsen	Studentsamskipnaden i		6:07:19	2:15:59
206	Robert Franco	IF Frøy		6:09:25	2:18:05
207	Tor Halland	IF Frøy		6:29:41	2:38:21
208	Fredrik Kjelman	Gjallarhornet		6:42:15	2:50:55
DNF	Ulf Indahl	Follo CK		1:32:38	
DNF	Lars Folke Nordmark	SK Rye		2:11:31	
DNF	Per Anchersen	BOC		2:19:40	
DNF	Vidar Moen	HTC Pride		3:57:44	
Antall	212	Påmeldte: 226	Startende: 225		
M50					
1	Geir Kjær Ullevål	Ullevål SK		3:57:14	
2	Jan Dekko	Team Nedre Buskerud		3:57:44	00:30
3	Pål Bakke	Team Nedre Buskerud		3:57:44	00:30
4	Einar R Solberg	SK Rye		3:58:56	01:42
5	Lars Thomas Moen	BOC		4:12:20	15:06
6	Runar Brock	SK Rye		4:14:40	17:26
7	Stein Bjerkeset	SK Rye		4:17:26	20:12
8	Josef Noll	SK Rye		4:17:26	20:12
9	Tron Ihler	IF Frøy		4:17:30	20:16
10	Dag Svendsen	CK Nittedal		4:20:56	23:42
11	Rolf Jappêe	CK Nittedal		4:20:56	23:42
12	Lorentz Tanner	Frøy		4:21:51	24:37
13	Jan Bodin	IF Frøy		4:21:51	24:37
14	Steinar Forsmo	Frøy		4:21:51	24:37
15	Oddbjørn Nilsen	SK Ceres		4:27:07	29:53
16	Johnny Ihlen	SK Ceres		4:28:17	31:03
17	Are Reines	Kolbotn SK		4:32:56	35:42
18	Gary Turner	Notodden		4:33:05	35:51
19	Sigmund Haugen	BOC		4:33:05	35:51
20	Jan-Tore Dannemark	Drøbak sykkelklubb		4:33:16	36:02
21	Rune Gjesdahl	CK Nittedal		4:35:41	38:27
22	Svein Lamo	CK Nittedal		4:35:41	38:27
23	Arve Kaland	CK Toten-Tråkk		4:35:56	38:42
24	Gunnar Habberstad	Ullensaker CK		4:38:51	41:37
25	Kjell-Otto Jørgensen	Ullensaker CK		4:38:51	41:37
26	Helge Evensen	Ullensaker CK		4:38:51	41:37
27	Eirik Normann	BOC		4:38:59	41:45
28	Frode Svartdal	Tromsø CK		4:42:02	44:48
29	Jarle Dreierstad	Kondis		4:48:13	50:59
30	Jan Slapgård	IF Frøy		4:51:04	53:50
31	Terje Rabben	IF Frøy		4:51:04	53:50
32	Bård Reppen	IF Frøy		4:51:04	53:50
33	Stein Ingebretsen	Team Nedre Buskerud		4:53:26	56:12
34	Carl Aamodt	Frøy		4:53:52	56:38
35	Johan Høgset Jansen	SK Ceres		4:58:52	1:01:38
36	Johnny Jørgenvåg	SK Ceres		4:58:52	1:01:38
37	Knut Espeland	BOC		5:00:53	1:03:39
38	Lars Hansen	IF Frøy		5:01:48	1:04:34
39	Håkan Spång	SK Ceres		5:08:52	1:11:38

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Class	Navn	Klubb	Distrikt	Tid	Etter
M50					
40	Steinar Eggen	Kløfta Sykkel		5:12:48	1:15:34
41	Are Trøan	IF Frøy		5:14:09	1:16:55
42	Randolf Walderhaug	Oslofjord Triathlon		5:16:23	1:19:09
43	Halvor Aalerud	Follo CK		5:16:45	1:19:31
44	Lasse Meholm	Team Follo		5:16:45	1:19:31
45	Steinar Strøm	Drøbak-Frogn IL Sykkel		5:16:46	1:19:32
46	Jan-Erik Rygh	Kolbotn SK		5:19:53	1:22:39
47	Ove Olstad	Kolbotn SK		5:19:53	1:22:39
48	Per Erik Nyrud	Kolbotn SK		5:19:53	1:22:39
49	Morten Gran	Kolbotn SK		5:19:53	1:22:39
50	Are Reines	Kolbotn		5:19:53	1:22:39
51	Harald Beckhaug	Kolbotn SK		5:19:53	1:22:39
52	Gunnar Ottesen	Aker Solutions BIL		5:19:59	1:22:45
53	Håkon Wibstad	Høegh Sport		5:21:41	1:24:27
54	Jørn Michalsen	IF Frøy		5:29:44	1:32:30
55	Finn Sveiven	IF Frøy		5:31:24	1:34:10
56	Kjell Aspen	IF Frøy		5:36:53	1:39:39
57	Geir Tresselt	Frøy		5:36:53	1:39:39
58	Per Laudal	IF Frøy		5:37:18	1:40:04
59	Tom Foss	Romeriksåsen SK		5:38:54	1:41:40
60	Bjørn Nordhagen	CK Nittedal		5:40:26	1:43:12
61	Bjørn Garder	Nesodden CK		5:42:14	1:45:00
62	Per Gunnar Jørgensen	N-R A/S		5:42:14	1:45:00
63	Magne Aldrin	FBI		5:42:15	1:45:01
64	Inge Sundbakken	SK Rye		5:56:45	1:59:31
65	Øivind Braathen	Ciber BIL		5:58:34	2:01:20
66	Odd Arne Hellevik	Ciber BIL		5:58:34	2:01:20
67	Tom Tørnquist	Studentsamskipnaden i		6:07:19	2:10:05
68	Inge O. Solberg	Studentsamskipnaden i		6:07:19	2:10:05
DNF	Sigurd Røeggen	SK Rye			
DNF	Baard Aas	Ullensaker CK		1:59:50	
DNF	Kjell Arild Bakken	Kolbotn SK		2:13:56	
DNF	Sten Ove Jensen	BOC		2:21:52	
DNF	Ole A Baalsrud	SK Rye		3:06:07	
DNF	Franz Burmann	SK Ceres		5:31:13	
Antall	74	Påmeldte: 85		Startende: 85	

M60

1	Tor-Arne Simonsen	Team HTC Pride		4:20:32	
2	Fredrik Lamo	Torshov Sykkelklubb		4:20:56	00:24
3	Gunnar Fjellberg	torshov sk		4:28:05	07:33
4	Gunnar Bøhmer	SK Rye		4:53:02	32:30
5	Roger Larsson	CK Nittedal		5:08:52	48:20
6	Stig Arne Bjørgan	Kolbotn SK		5:19:53	59:21
7	Tor Myrseth	SK Rye		5:50:12	1:29:40
8	Thore Skollingsberg	Studentsamskipnaden i		6:07:19	1:46:47
Antall	8	Påmeldte: 8		Startende: 8	